



## Little Dancing Yogis™ Application

Little Dancing Yogis™  
Teacher Training Application  
Color Me Yoga® Enterprises, LLC  
P.O. Box 418  
Wenham, MA 01984

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone \_\_\_\_\_ Email \_\_\_\_\_

Occupation \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Emergency Contact Phone  
\_\_\_\_\_

Address \_\_\_\_\_ Relationship \_\_\_\_\_

Physician \_\_\_\_\_ Telephone \_\_\_\_\_

Please answer the following questions to the best of your ability.

1. Do you practice Yoga presently? How often?
2. Do you dance or have you danced and if so what type of dancing do you study/have you studied? How often?
2. What do you hope to receive out of this training?
3. How do you plan to use this training?
4. Are there any medical, mental or emotional conditions I should be aware of? Are you on any medication? If so, please specify
5. Serious illnesses, surgery, procedures within the last five years
6. Pregnancy \_\_\_\_\_ Number of months at time of program \_\_\_\_\_
7. Is there any thing else you would like to add or tell me about?
8. How did you hear about this Program? Did anyone refer you? Who?

**Declaration of Disclosure and Acceptance of Terms**

Awareness is fundamental to the practice of Yoga. As a student, it is solely your responsibility to monitor each activity offered and determine whether it is appropriate to participate. You remain primarily responsible for your safety and well-being.

***Please read and sign:***

I have enrolled in a teacher training program of physical activity, including but not limited to various yoga , meditation and dance exercises offered by Color Me Yoga® Enterprises, LLC. I release Color Me Yoga® Enterprises, LLC from any liability now , or in future for injury, however caused, occurring during or after my participation in this program. I agree, as a Little Dancing Yogis™ pending” certified instructor, that I have the right to use the Little Dancing Yogis™ pending” Logo and trademark when I am teaching to the public at large, but use of that logo/trademark is limited to Little Dancing Yogis™ pending” instructors only. All graduates of Little Dancing Yogis™ pending” are may call their program Little Dancing Yogis™ pending” only if they use any materials or logo from the training. I agree that the information contained in my written manual, coloring book and CD ,given to me during this training is copyrighted information and as such is not to be copied without express written instruction of Marsha T Metzger . I also agree , as a representative of Little Dancing Yogis™ pending” and Color Me Yoga® Enterprises, that my intention is to treat children with the highest amount of care ,respect and love. As such, I agree , when bringing this gift of yoga to children to practice the yamas( moral restraints) as listed herein:

Ahimsa: Non-violence ; Satya : Truthfulness: Asteya : Non-Stealing; Brahmacharya :Moderation; Aparigraha : Non-Possessiveness.

Little Dancing Yogis™ is a program for the well-being and betterment of our world through the teaching of yoga and dance to children. Please honor the commitment you are making to love, cherish and treasure these children.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Name Printed \_\_\_\_\_ Namaste

**\$375** includes Training and All Course Materials

\*\*\*\* Please pay in full four weeks before date of training . Cancellation after that time is non-refundable .Credit given, plus \$25 processing fee towards next training.

Payment Options include Credit Card, Check , Money Order or Cash.

Please make all checks & money orders out to :

Color Me Yoga®  
P.O. Box 418  
Wenham, MA 01984

Room and board is separate. Fee includes workshop and all course materials. 100% attendance is required. Please address any questions or concerns before the training dates. Check here if you would like to be contacted to share a room.

