

Color Me Yoga For Children™ 200 Yoga School Application

Namaste!

Thank you for your interest in Color Me Yoga™ Teacher Training. Enclosed, you will find an application. In order to attend this training you must fill out an application for approval. Space is very limited so a timely application is recommended, at least one month before the date of the training. Deadline to register is August 31 of the calendar year.

Please follow the instructions below and return the application to :

Color Me Yoga™
PO Box 418
Wenham, MA 01984

Color Me Yoga 200 Hour School Meets One Weekend per month from
September – August of the following Year.

Please read the syllabus, which can be downloaded from the website, www.colormeyoga.com. Please complete the application and sign the ethics agreement. Signing means you have accepted the terms of the application. Include a **\$25** application non refundable fee with your application , with a check or money order made out to Color Me Yoga along with your deposit or complete payment . Payment must be drawn on a US Bank. Wait for a Letter of Acceptance. Acceptance letters are sent by mail and/or email.

Prerequisite:

Six Months to One year yoga experience, in order to be accepted. This should include a minimum of six months in an ongoing yoga class rather than through books and videos, unless circumstances do not allow you to be in an active class. (*Please talk with Marsha, the director about possibilities) Studying with a yoga teacher, watching him/her interact in a group setting greatly enhances your own teaching ability. In addition it is highly recommended that you have a daily yoga practice of at least one hour. If you have not yet been practicing yoga at this level or have practiced for less than six months please still fill out the application and speak with the director.

During the training you will be doing many hours of active yoga practice which demands much physical, emotional and mental energy.

100% attendance is required. *If you need to miss any session you must speak to the director before the session. You are responsible for any course material missed.* Every day you will check off the attendance sheet. Students must be on time and complete all their hours in order to receive certification. There are take home assignments between each session , which must be completed in order to receive certification. All payments must be completed in order to receive certification.

Cost- \$3600, plus \$250 Materials Fee(which is payable Weekend One)

Payment Options.

Plan One: Pay in Full, receive \$300 discount. Cost- \$3300 , plus Materials Fee

Plan Two: \$1,000 deposit, followed by \$237 per month, plus Materials Fee

Plan Three: \$325 per month, plus Materials Fee.

Payment is by credit card, check , money order or cash.

For plans two and three, payment must be received by the beginning of start date of the training weekend in order to participate.

Refund and Drop Out Policy.

No refunds given after first day of the 200 Hour Training. Credit can be applied to next year's training only.

Workshop Policy.

If you cannot commit to our full year school, you may consider taking our workshops. You can accumulate hours within a two year period from the start of the 200 hour school to apply towards your 200 Hour Accreditation. While a significant increase in cost, we understand that some people cannot make such a commitment for an entire year.

Referral Program

If you refer Two people who sign up for the full 200 hour school, you receive a \$100 discount .

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Responsibility Agreement

I am responsible for my experience during Color Me Yoga™ Teacher Training. I understand that this training is demanding on every level. I understand that this training is offered for the maximum benefit to all who attend and as such the director cannot always know the specific needs of the individual student.

During this program I, alone, can take care of myself and stop if need me . While I am required to attend 100% of the time it is also okay for me to participate with my presence if I am unable to participate with my whole self. I do not, and will not, hold Color Me Yoga™ , Color Me Yoga Enterprises, LLC or Marsha T Danzig responsible for my physical and psychological care. Color Me Yoga™ , Color Me Yoga Enterprises, LLC or Marsha T Danzig will not pay for, or reimburse me for, physical or psychological care during or after this program.

I understand that during this training, I will be challenged physically ,psychologically and spiritually. It is entirely up to me to know the edges of my own boundaries. I understand that Color Me Yoga™ , Color Me Yoga

Enterprises, LLC or Marsha T Danzig are not responsible for any physical or psychological risks I may undertake during the training.

Signed _____ Date _____

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Color Me Yoga™ Ethics Agreement

Teaching Color Me Yoga™ requires sensitivity, integrity, honor, honesty, respect and an attitude of humility, compassion and grace. I agree to act in such a way.

As a Color Me Yoga™ teacher I agree to teach from that standpoint, always honoring the student, never stepping outside of boundaries that are inappropriate. While Color Me Yoga™ does teach assists and physical contact with students, teachers must do so with consciousness towards safety, trust and respect.

I agree to be honest about my qualifications and to only offer services for which I am qualified. I agree to keep from diagnosing a medical condition, or telling a student or parent to disregard his/ her doctor's advice.

I understand that if it so happens that my ethical standards are in direct violation of this agreement that my Color Me Yoga™ Certification may be revoked.

Signed _____ Date _____

*Please go to the next page to complete the application

Color Me Yoga™ 200 Hour Application

First Name _____

Last Name _____

Address _____

City _____

State _____

Zip Code_____

Home Phone_____

Cell Phone _____

Work
Phone_____

E-mail _____

Date of
Birth_____

Current
Occupation_____

Emergency Contact Phone
Number_____

How did you find out about Color Me Yoga™ School?_____

Prerequisite information

How long have you been practicing yoga?

Have you had a daily practice of yoga for at least 6 months? _ Y _ N

How long is your daily practice? ½ hour____ 1 hour____ 1½ hours____ 2
hours(+)_

Which style(s) of yoga do you primarily practice?

Have you taken classes with a certified teacher for at least 6 months? _ Y _ N

Have you practiced Color Me Yoga™ ? _ Y _ N

If you answered yes: With a Color Me Yoga Teacher? Teacher's name?

If you answered NO to any of the above questions: Please still fill out the application and wait to discuss the training with the director.

Are you currently teaching yoga? _ Yes _ No

How long have you been teaching?

What style of yoga do you teach? Number of classes per week

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Please answer the following questions on a separate piece of paper.

1. What does yoga mean to you?
2. Why do you want to become certified as a Color Me Yoga™ teacher?
3. Why are you interested in teaching this particular approach to yoga?

Health information (If you answer yes to any of the following questions please describe fully on a separate page.)

Are you under medical treatment for any physical or psychological condition?
_ Yes _ No

Are you currently pregnant? _ Yes _ No

Have you ever been hospitalized for a psychiatric condition? _ Yes _ No

Do you have any physical challenges? _ Yes _ No

Have you had serious illness or major surgery within the last 5 years? _ Y_ N

Do you have a communicable disease? _ Yes _ No

Are you in recovery for any kind of addiction and if so, how long? _ Yes _ No
of years in recovery ____

Please list any prescription medications you are currently taking (indicate dosage and frequency of intake and reason for medication).

By signing below, I affirm that the information provided in this application is accurate and true and that failure to do so is grounds for revocation of certification or dismissal from the training.

If I am unable to continue this training due to a medical emergency, I will speak with the director in order to suggest other options.

I have carefully read the Criteria for Certification and accept the requirements, conditions, and agreements expressed therein. I understand that my failure to meet the criteria will result in my not being certified.

Please Initial here ____

I have carefully read the Responsibility Agreement and understand that Color Me Yoga™ , Color Me Yoga Enterprises, LLC or Marsha T Danzig is not responsible for my physical and psychological safety during this training program. Please Initial here ____

I have carefully read the Color Me Yoga™ Ethics Agreement and understand that any violation of this agreement during the training could result in my not being certified and that any future violation could result in the revocation of my certification. Please Initial here _____

I understand that the Criteria for Certification, Responsibility Agreement, and Ethics Agreement are legal contracts. I will keep them for my records. I will be asked to sign copies for Color Me Yoga™'s records on the first day of the program.

Signature _____

Date _____

Please keep a copy of this application for your files. Please submit originals to Color MeYoga™.

Welcome to your journey into the Color Me Yoga™ experience.